Newstoom Helping People, Changing Lives... For every stage of Life



## October 2023 Edition

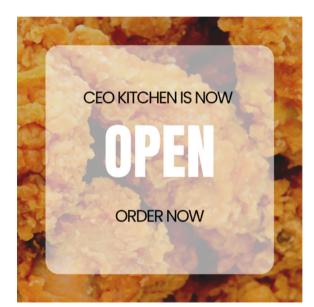


## Happy Energy Assistance Month!

Almost one-third of U.S. households have reported difficulty in paying energy bills or adequately heating and cooling their homes. Weatherization helps by lowering utility bills and making homes more energy efficient. Over 20 percent of households have reported reducing or forgoing necessities such as food and medicine to pay an energy bill. Weatherization Assistance Program providers like PCCEO with LIHEAP can help families by lowering utility bills and making homes more energy efficient. Our weatherization assistance program adjustments like furnace repair and wall and attic insulation help promote energy equity by lowering utility burdens. Communities of color experience energy insecurity more than other groups. Weatherization saves families \$283 per year on average in energy costs!#EnergyEquity#EnergyAwarenessMonth

## **PROGRAM SPOTLIGHT**





## **Programs**

• Head Start Early Head Start

- Energy Services Energy Assistance
- Ameren Energy Efficiency Partnership
- CSBG

Peoria Area Food Bank Emergency Services Prescription Drug Assistance

- Housing Services
  Weatherization Program
- Economic Development

East Bluff Development

Central Illinois Catering

Peoria Affordable Housing Initiative

HEAL is a local organization for healthier eating and more activity. HEAL stands for Healthy Eating Active Living. The Peoria Area Food Bank got involved with HEAL for just that reason to advocate in our communities about healthier, more nutritious foods and to become more active for a healthier lifestyle. We also enjoy collaborating with HEAL to help spread the word about resources in our communities to help our neighbors in need. These resources include mobile pantries, SNAP Outreach, nutrition education, food safety, budgeting, and cooking classes.



We rely on the generosity of donors like you to make a difference in the lives of those who we serve.

We are hiring for multiple positions. Visit us online to apply.

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